

原 著

中堅看護師における 急性期意識障害患者への看護ケアの意味

Meaning of nursing care for patients with acute-phase
consciousness disorder by proficient nurses

石川 倫子

Noriko Ishikawa

東京医療保健大学東が丘看護学部看護学科

Tokyo Healthcare University, Faculty of Nursing at Higashigaoka, Division of Nursing

キーワード

中堅看護師, 急性期意識障害患者, 看護ケアの意味

Key words

proficient nurse, patients with acute-phase consciousness disorder, the meaning of nursing care

要 旨

本研究は、中堅看護師における急性期意識障害患者への看護ケアの意味を明らかにすることを目的とした質的記述的研究である。研究フィールドは急性期医療を担う総合病院1施設で急性期意識障害患者が常時入院する2病棟、研究参加者は急性期意識障害患者の看護経験年数5年以上の看護師7名であり、半構面面接調査を行った。その結果、看護師は意識障害患者の中に【奇跡を起こす生命力】を強く感じ、その人と家族と私の心を響き合わせながら、【身体との対話】を行い、家族とその人のありようを受け止めていた。そして【過去・現在・未来のその人を描く】、【その人の善い方向を探し求める】、【その人らしく人として生き抜けるようその人に添う】ように予測しながらケアを行っていた。この中で看護師は【真のケアへの追求】をし、【自分の可能性への挑戦】をしていた。以上より、急性期意識障害患者への看護の質を高めるために必要な看護ケアが示唆された。

Abstract

This qualitative study aims to clarify what it means to provide care for patients with acute-phase consciousness disorder from the perspective of nurses experienced in this sphere. This study was conducted in two wards of a general hospital where these patients are regularly hospitalized; seven nurses with at least 5 years of experience in this particular field were interviewed. In the course of the study the nurses involved strongly felt from the patients the miracle-like will to live, observing the patients communicate with them and their families through their subtle bodily messages, from which the nurses were able to glean, with their hearts and minds resonating with each other. The nurses provided care for the patients while imagining their past, present and future and seeking a positive

direction for them, so that they could live as they were while retaining their human dignity. The nurses challenged their potentials in order to seek idea care. Through all the observations above necessary nursing care for patients with acute-phase consciousness disorder was suggested so as to improve its quality.