

論 文

卒後1年目の看護婦がもつ成長欲求

黒田 清美・新谷 圭子*¹・酒井 陽子*²

酒野 小百合*³・稲垣 美智子*⁴

辰口芳珠記念病院 *¹金沢社会保険看護専門学校

*²国立金沢病院附属金沢看護学校 *³浅ノ川総合病院 *⁴金沢大学医学部保健学科

Nurses' Desires for Self-development in the First Year from Graduation

Kiyomi Kuroda, Keiko Shintani*¹, Yoko Sakai*²,
Sayuri Sakano*³ and Michiko Inagaki*⁴

Tatsunokuchi Houju Memorial General Hospital

*¹Kanazawa Social Insurance Nursing School

*²National Kanazawa Hospital Kanazawa School of Nursing

*³Asanogawa General Hospital

*⁴School of Health Sciences, Faculty of Medicine, Kanazawa University

Abstract

Last few years, we have faced with the necessity of some educational programs for graduated nurses. The purpose of this research was to disclose rookies' zeal in the first year "the desires for self-development" in order to make us to develop the certain training curriculums for them as the first step. We approached 8 nurses who were interviewed by semi-structural-interview method and analyzed them through qualitative-induction-method.

As a result of categorizing the contents of textual analyses, the extracted category which was related to "the desires for self-development" was the acquisition of ideal nursing skills which their own appropriate personality should have.

We found four desires for self-development, that were the possession of essential affection which was projected onto ideal nurse, the sufficient nursing time for the patient, the acquisition of basic wisdom for decision-making, and the attempt to breakthrough the anxiety of unfamiliar fields.

In addition, we found three features which were related to the desires for self-development, that were the responsibility for fatal jobs, the desire for self recognition, and the pleasure of nursing.

Key Words

graduated nurses, the desires for self-development, educational programs for graduated nurses

要 旨

近年，新人への卒後教育のあり方を考える必要性に迫られている。本研究は「成長欲求」を踏まえた新人看護婦教育カリキュラム作成のための一段階として，卒後1年目の看護婦の「成長欲求」を明らかにすることを目的とした。方法は，8名の新人看護婦を対象に，半構成的面接法を用いた質的帰納的方法とした。

逐語録にした内容の意味を記述しカテゴリー化した結果，成長欲求として抽出されたカテゴリーは，個々がありたいと思う看護婦像であった。その性質から，理想とする看護者に投影された本質的な優しさ，患者との濃厚なかかわり，判断力の基盤となる知識，未経験から生じる不安への挑戦が，修得したい内容として見出された。

また成長欲求には，命に関わることへの責任，他者から認められる存在になりたいという希望，看護する喜びが関連していた。